

Menu

25th to 28th May 2021

Tuesday

Soup	Butter bean soup
Main Dish	Steak with mushrooms, rice and salad
Diet*:	Grilled steak with rice and salad
Ovolactovegetarian*:	Sautéed mushrooms with vegetables, rice and salad
Dessert:	Seasonal fruit

Wednesday

Soup	'Caldo Verde'
Main Dish	'Brás' Pollock with salad
Diet*:	Boiled fish with potatoes and vegetables
Ovolactovegetarian*:	'Brás' French garlic with salad
Dessert:	Seasonal fruit Jelly

Thursday

Soup	Carrot cream soup with French garlic
Main Dish	Roasted chicken with spiral pasta and salad
Diet*:	Grilled chicken steak with spiral pasta and salad
Ovolactovegetarian*:	Grilled Tofu with spiral pasta and salad
Dessert:	Seasonal fruit

Friday

Soup	Vegetable soup
Main Dish	Bean rice with oven calamari and salad
Diet*:	Grilled fish with bean rice and salad
Ovolactovegetarian*:	Bean rice with sautéed soy and vegetables
Dessert:	Seasonal fruit

*Dishes prepared only for students with food intolerances.