

## Menu

21st to 25th June 2021

### Monday

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Soup	Savoy cabbage soup
Main Dish	Strogonoff with spaghetti and salad
Diet*:	Grilled turkey steak with spaghetti and salad
Ovolactovegetarian*:	Soy Bolognese with salad
Dessert:	Seasonal fruit

### Tuesday

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Soup	Carrot cream
Main Dish	Pollock with cream and salad
Diet*:	Boiled fish with potatoes, vegetables and salad
Ovolactovegetarian*:	Tofu with cream and salad
Dessert:	Seasonal fruit

### Wednesday

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Soup	<i>Caldo Verde</i>
Main Dish	Grilled meat with rice, black beans, and salad
Diet*:	Grilled meat with rice, black beans, and salad
Ovolactovegetarian*:	Black beans with sautéed vegetables, rasped egg, rice and salad
Dessert:	Seasonal fruit

### Thursday

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Soup	Vegetable cream with French Garlic
Main Dish	Spiral pasta salad, vegetables and fish fingers and salad
Diet*:	Grilled fish with boiled vegetables and salad
Ovolactovegetarian*:	Sautéed mushrooms with vegetables, spiral pasta and salad
Dessert:	Seasonal fruit   Pudding

### Friday

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Soup	White cabbage soup
Main Dish	Roasted chicken with potatoes and vegetables
Diet*:	Grilled chicken steak with potatoes and salad
Ovolactovegetarian*:	Stewed vegetables with salad
Dessert:	Seasonal fruit

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\*Dishes prepared only for students with food intolerances.