

Menu

11th to 15th October 2021

Monday

Soup	Cauliflower soup
Main Dish	Breaded chicken steaks with vegetable rice and salad
Diet*:	Breaded chicken steaks with vegetable rice and salad
Ovolactovegetarian*:	Soy stew with vegetable rice and salad
Dessert:	Seasonal fruit

Tuesday

Soup	Carrot cream soup
Main Dish	Spiral pasta salad with oven baked fish fingers salad
Diet*:	Boiled fish with spiral pasta, vegetable rice and salad
Ovolactovegetarian*:	Vegetable stew with poached egg, spiral pasta and salad
Dessert:	Seasonal fruit

Wednesday

Soup	Butter bean soup
Main Dish	Mixed grilled meats with black beans, rice and salad
Diet*:	Mixed grilled meats with black beans, rice and salad
Ovolactovegetarian*:	Sautéed mushrooms with rice, black beans and salad
Dessert:	Seasonal fruit

Thursday

Soup	Heart cabbage soup
Main Dish	Fish rice and salad
Diet*:	Grilled fish with rice and salad
Ovolactovegetarian*:	Vegetable stew with salad
Dessert:	Seasonal fruit Yoghurt

Friday

Soup	Chickpea soup
Main Dish	Roasted beef with spaghetti and salad
Diet*:	Grilled turkey steak with spaghetti and salad
Ovolactovegetarian*:	Tofu with oven vegetables, spaghetti and salad
Dessert:	Seasonal fruit

*Dishes prepared only for students with food intolerances.