

## Menu

**24<sup>th</sup> to 28<sup>th</sup> January, 2022**

### Monday

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Soup	Green bean soup
Main course:	'Portuguese meat' and salad
Diet*:	Grilled steak with carrot rice and salad
Ovolactovegetarian*:	Eggplant stuffed with carrot rice and salad
Dessert:	Seasonal fruit

### Tuesday

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Soup	Chicken Soup
Main course:	Roasted red fish with potato and salad
Diet*:	Baked fish with potatoes, boiled broccoli and salad
Ovolactovegetarian*:	Boiled vegetables and salad
Dessert:	Seasonal fruit

### Wednesday

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Soup	Farmer's soup
Main course:	Stewed veal with peas, carrot, spaghetti and salad
Diet*:	Cooked calf with spaghetti and salad
Ovolactovegetarian*:	Stewed vegetables with soy, spaghetti and salad
Dessert:	Seasonal fruit

### Thursday

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Soup	Carrot cream with leek
Main course:	Bean rice with calamari and salad
Diet*:	Grilled fish with bean rice and salad
Ovolactovegetarian*:	Bean rice with sautéed mushrooms and salad
Dessert:	Pudding   Seasonal fruit

### Friday

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Soup	Vegetable soup with shaved carrot
Main course:	Roastloin with spirals and salad
Diet*:	Chicken steak with spirals and salad
Ovolactovegetarian*:	Bolognese lentils and salad.
Dessert:	Seasonal fruit

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\*Dishes prepared only for students with food intolerances.